

Welcome to *Your* Health Centre.

Every
One
Matters.

In October 2009 the Health Centre celebrated 20 years of providing health and social services within the City of London. Our anniversary gave us opportunity to reflect on the many contributions of clients, community members, volunteers, and staff over two decades, and to recommit to our vision of a healthier, more inclusive community.

Our services are provided by family doctors, nurse practitioners, nurses, social workers, dietitians, and community health workers. In addition to medical services, our staff also offer many programs that address the factors in our lives that most impact on our health. These include income, education, employment, housing, cooking and nutrition, recreation and social supports.

**‘I am going out of the house
to be with others and I am not
alone anymore.’** CLIENT SATISFACTION SURVEY, 2010

We are pleased to let you know that in addition to serving neighbourhoods in London’s Old East and North East, we have expanded our geographic boundaries to include the entire city. We now provide health and social services in a welcoming setting to all London residents who meet our criteria for care.

Most of our programs fall within the following areas:

- Children, Youth and Families
- Diabetes and Chronic Diseases
- Immigrant and Ethnocultural Communities
- Options: Anonymous HIV Testing Clinic
- Poverty and Homelessness
- Primary Health Care

Active Clients 4,808
Face to Face Client Encounters 30,028
Countries of Origin (of clients) 84
Languages Spoken (by clients) 41
Volunteers 250+
Staff 75



Our Vision

Building opportunities for healthy and inclusive communities.

Our Mission

We provide inclusive and equitable health and social services to those who experience barriers to care, and we foster the active participation of individuals and the communities that we serve.

Our Core Values

At the Health Centre, we commit to: Inclusivity, Innovation, Professionalism, Accountability, Excellence and Advocacy.

Accessing Services

You can learn more about our programs and services by visiting our website at www.lihc.on.ca. Visit the programs and services area, or click on the event calendar to see what is upcoming.

Call (519) 660-0874 to speak with one of our System Navigators about becoming a client of the Health Centre, or about how you can get involved with our programs and services.

Last updated: July 2011

659 Dundas St.
London, Ontario N5W 2Z1
Tel: 519-660-0874
Fax: 519-642-1532

HOURS: MON 9-5, TUES 9-9
WED 9-9, THURS 10:30-5, FRI 9-5

Unit 7 – 1355 Huron St.
London, Ontario N5V 1R9
Tel: 519-659-6399
Fax: 519-659-9930

HOURS: MON 9-9, TUES 9-5
WED 9-5, THURS 10:30-5, FRI 9-5



ON THE 4TH THURSDAY OF EVERY
MONTH WE WILL BE OPEN AT NOON.
(BOTH LOCATIONS)

www.lihc.on.ca



London
InterCommunity
Health Centre