

March 29, 2011

FOR IMMEDIATE RELEASE

EVENTS

Visiting Vancouver Psychologist Dr. Gordon Neufeld to Advise Parents to *Hold on to their Kids*

London, ON – When Dr. Gordon Neufeld speaks to London and area parents tomorrow, Wednesday March 30, his message will be clear, hold on tight to your kids – and act as their life guide and interpreter.

In his best-selling book, *Hold on to your Kids: Why Parents Need to Matter More than Peers*, Neufeld writes, “We have to remember that children are in need of being oriented, and that we are their best resource for that... The more we orient them in terms of time and space, people and happenings, meanings and circumstances, the more inclined they are to keep us close.”

This is an important and reassuring message to parents concerned with how “peer-oriented” their children are – often to the detriment to their relationship with their parents and other family members.

“We are bringing Dr. Neufeld to London because we often have conversations with clients and community members about how we can develop and maintain healthy relationships with our children. With much focus on the early years, we may think our work is easier or less involved with pre-teens and teens because they need less supervision. However, Dr. Neufeld stresses that the relationship with the parent is even more important in these later years,” says Michelle Hurtubise, Executive Director of the Health Centre.

Date: March 30, 2011

Time: 7 – 9pm; Doors open at 6:30pm

Location: London Public Library, Central Branch, Wolf Performance Hall

Tickets: \$10.00; available at the door or by calling 519-661-5122

For more information:

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