

**A resident-based, action-oriented community group focused on strengthening and improving the community of Northeast London.**



## OUR MONTH IN REVIEW

### CHC's ARE CHAMPIONS FOR HEALTH EQUITY

This year for Community Health and Wellbeing Week, NELCE collaborated with the Health Outreach Activity Council to provide a hot thanksgiving turkey dinner to 60 people in our neighbourhood. It was great to share learnings about how we each plan and develop programming for people in our unique communities.

### COOKING FOR PEOPLE WITH DIABETES

Last month we partnered with the London InterCommunity Health Centre to deliver our second series of cooking workshops with a focus on diabetes education. Participants loved the opportunity to work with a registered dietitian to learn about how food affects their diabetes.

### CHRISTMAS CRAFT SALE

Our December 8<sup>th</sup> Craft Sale raised \$252 towards future NELCE programs. Thanks to all that contributed and participated.

### HOLIDAY LIGHTS TOUR

We sponsored a bus for an enjoyable 2 hour tour of the festive light displays in the Northeast.

Through our work we:

- Promote and develop a strong sense of community pride and participation
- Provide opportunities to develop personal growth and leadership within our community
- Encourage involvement across our diverse community
- Support community partnership within North East London

Connect with us!

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Follow us on Facebook

## UPCOMING EVENTS IN THE COMMUNITY

Thursday, January 25, 7 – 8 pm

Urban League London is presenting a **CIVIC ENGAGEMENT FAIR** to provide all Londoners an opportunity to meet representatives of various City departments to understand how City Hall functions. This free event will be at the Goodwill Industries – 255 Horton St E, top floor. Please contact <https://www.urbanleague.ca> to reserve your seat.

Saturday, January 27, 11 am – 2 pm

LUSO Community Services and Community Partners present **FAMILY LITERACY DAY – CAMP READ S'MORE**. Bring your family for a free fun day of literacy! Listen to a story by the campfire, participate in family games, drink hot chocolate, make camp-themed crafts and much more! Come to the Family Centre Carling-Thames & Northbrae Public School – 335 Belfield St.

### London InterCommunity Health Centre

Unit 7 – 1355 Huron Street

#### Cards, Games and Crafts

Mondays 1-3:30 pm (except Holidays)  
Snacks & Drinks, craft supplies, cards/board games all provided – just bring your smile!

#### Happy Hookers

##### All needle workers welcome

Fridays 1-4 pm (except Holidays)  
Enjoy the social benefit while you work on your own projects.

#### Women Creating Community

Returning this Spring!  
Feel great about being a woman! Meet other women, learn new skills and have fun.

#### Community Garden

Volunteers needed for Spring Planting soon!  
Get your hands dirty and enjoy the health benefits of gardening in our raised garden beds.

#### Walking Group

During the months of April to September meet at [Beacock Library](#) on Thursdays at 6:45 pm

*Want to learn more about NELCE? Come join our next planning meeting on Wednesday, Feb 14, 2018 6:00 pm at Unit 7 – 1355 Huron Street.*

*Bring your ideas on how to improve the neighbourhood!*

## VOLUNTEER OPPORTUNITIES

**Program Volunteer** – Help with logistics and support for many of our programs. Wash dishes, serve food, lead a craft, plan an activity, plant vegetables, weed gardens, organize games or cook meals.

**Events Volunteer** – Promote NELCE's activities and events, get to know your community, recruit participants and volunteers, support with set-up and take-down.

**Coordinator Volunteer** – Lead your own program. We currently are looking for someone to lead the Walking Group and the Diabetic Cooking Program.