

About the London InterCommunity Health Centre

London InterCommunity Health Centre has been a part of your community for more than 25 years. We provide health and social services in a welcoming setting to individuals and families living across the city of London. The Health Centre is committed to creating an inclusive and safe space for all sexual orientations, gender identities and gender expressions.

Our two East London locations offer care by a team which includes doctors, nurse practitioners, nurses, social workers, dietitians, mental health specialists, health promoters and community health workers. The Health Centre also offers many programs that address the factors in our personal lives that affect our health. These include income, education, housing, food security, recreation and social supports. At the Health Centre, our vision is: building opportunities for healthy and inclusive communities.

SHAC Contact

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Every One Matters.

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Afterschool Initiative
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AFTER SCHOOL PROGRAM

Snacks, Homework,
Activities and Crafts



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Introduction

The London InterCommunity Health Centre has a long history of working with children and youth living in the Old East Village. The SHAC (Snacks, Homework, Activities and Crafts) after school program has served many neighbourhood children over its history. We are pleased to let you know that SHAC is open to surrounding neighbourhoods, communities and schools. SHAC is not limited to students from Lorne Avenue Public School.

All the Details

SHAC operates out of Boyle Community Centre (530 Charlotte Street) from 3:30-6:00pm Monday through Thursday. We welcome all students from Grade 2 to Grade 8. A staff member supervises students walking from Lorne Avenue Public School to the Boyle Community Centre.

This is a **free program** supported by London InterCommunity Health Centre, Ontario's Afterschool Initiative, and the City of London. Volunteers from Frontier College are on hand to help students with homework, literacy and numeracy based activities.

Programming and Activities

SHAC is designed as a comprehensive program that takes into consideration all of the activities that keep children healthy and happy. Our activities include:

- Physical activity/active play
- Nutrition education and food preparation
- Homework help and literacy promotion
- Arts and crafts
- Social skill development
- Field trips, community outings and special guests

We believe it is important for children to be informed about and aware of the community in which they live. We invite special guests from the community to speak and engage in various activities with our participants. As well, we coordinate and plan outings to neighbouring services within the Old East Village and London area.

