

Trans Health Team

Every
One
Matters.

Since early 2015, the Health Centre has developed expertise and capacity in the care and support of trans, non-binary and gender fluid community members. We are committed to training our staff in the areas of gender expression, and gender identity to ensure that everyone coming through our doors feels heard and respected. Our policies ensure that programs are aligned with our goal of trans inclusivity.

Our Trans Health Team includes providers from a variety of professions to help meet the needs of trans clients of all ages.

- The intake worker connects trans clients with physicians and nurse practitioner if they wish to discuss hormone therapy. The intake worker will also make direct referrals to the social worker and other mental health supports.
- The physician and nurse practitioners assess patients to determine safety and appropriateness of hormone therapy, monitor hormonal transitions, manage health concerns in the context of hormone therapy and work the client and the team to manage concurrent mental health issues.
- The registered nurse provides information, education and care related to hormones, self-injection, fertility options, etc.
- The social worker offers counselling related to gender exploration, gender dysphoria and/or other mental health concerns.
- We also help with practical supports such as navigating name and gender marker change on ID, advocacy at individual appointments, referrals to community agencies, and connecting to local peer support groups.

The Health Centre is committed to creating an inclusive and safe space for all sexual orientations, gender identities and gender expressions.



Our Vision

Building opportunities for healthy and inclusive communities.

Our Mission

We provide inclusive and equitable health and social services to those who experience barriers to care, and we foster the active participation of individuals and communities that we serve.

Our Core Values

At the Health Centre we commit to: social justice, equity, caring, inclusion and respect.

For more information e-mail us at transhealth@lihc.on.ca

To complete a referral form visit us at www.lihc.on.ca

659 Dundas Street
London, Ontario N5W2Z1
Tel: 519-660-0874
Fax: 519-642-1632

Unit 7-1355 Huron Street
London, Ontario N5V1R9
Tel: 519-659-6399
Fax: 519-659-9930


lihc.on.ca

 London
InterCommunity
Health Centre