

## LGBTQ2S Community Resource List for London, Ontario

### Coming Out Over Coffee

When:	2 <sup>nd</sup> and 4 <sup>th</sup> Tuesday of every month 630pm to 830pm
Where:	125 Woodward Avenue (Family Services Thames Valley)
Contact/Referral Information	Farzana Zaman, fzaman@fstvconnects.ca, 519-433-0183 x 8217 or Allison Preyde, allison@sacl.ca, 519-439-0844 x 2405 Drop-in group Located near bus routes 9, 17 and 20. Free Parking available.
What	A casual open discussion group for individuals over the age of 19 who identify as lesbian, gay, bisexual, trans*, two-spirit, queer, or who are questioning; for those starting their journey to those who are out and about.
Who is Eligible	People who are 19+ and identify as LGBTQ2+

### CCLC-LGBTQ Social/Support Group

When:	As scheduled (various groups and events throughout the year)
Where:	505 Dundas Street at Cross Cultural Learner Centre
Contact/Referral Information	Joseph Jilitovich Tel:519.432.1133 ext. 237 <a href="mailto:rainbow@lcclc.org">rainbow@lcclc.org</a> <a href="http://www.lcclc.org">www.lcclc.org</a>
What	A social group that provides a warm, safe, and welcoming environment for LGBTQ newcomers. If you are LGBTQ or wish to support this group, join us to meet other newcomers in the community for coffee, conversation, education, social activities, peer support and fun times.
Who is Eligible	Newcomers who identify as LGBTQ

### TRANS\* London

When:	2 <sup>nd</sup> Monday of each month from 7pm to 9pm (other meetings posted on Facebook page)
Where:	Innovation works at 201 King Street
Contact/Referral Information	Call or text Elliot or Christa at 226 456 2745 or Facebook page (TRANS* London)
What	TRANS* London functions as a social and networking group for the Transgender population of the London Ontario Region.
Who is Eligible	Transgender population of the London Ontario Region, supporters, and allies

### Metropolitan Community Church

When:	Services every Sunday at 7pm as well as on-going discussion groups, choir
Where:	482 Dundas Street
Contact/Referral Information	Reverend Bruce Lee <a href="mailto:revbleemccl@gmail.com">revbleemccl@gmail.com</a> Phone 519 645 0744

What	A church that seeks to be a spiritual home for lesbian, gay and transgender people, and this welcome extends to all who would share the commitment to be an inclusive, welcoming congregation. The MCC also seeks to be a community partner in making our city a safer, more diverse, and more tolerant place.
Who is Eligible	Open to all community members

### Open Closet

When:	Every Friday from 7pm to 9pm
Where:	186 King Street (Regional HIV AIDS Connection)
Contact/Referral Information	Meredith Fraser <a href="mailto:mfraser@hivaidsconnection.ca">mfraser@hivaidsconnection.ca</a> 519 434 1601 Drop-in group
What	A social support group for youth between 14 and 18 years of age who identify as gay, lesbian, bisexual, transgender, two-spirited, queer and questioning their sexual orientation (LGBT2Q). The group started in early 2002 and has served approximately 1,100 youth. OC is open to youth from each of the six counties we serve - Perth, Huron, Lambton, Elgin, Middlesex and Oxford. The group learns and has discussions about issues such as coming out to parents and friends, queer identities, LGBT2Q history, survival strategies, accessing community, safer sex and healthy and unhealthy relationships. We also provide access to information about HIV/AIDS and other sexually transmitted infections (STIs) and provide referrals to community services and resources according to individual needs.
Who is Eligible	Youth between 14 and 18 who identify as LGBTQ2+

### PFLAG (Parents, families, and friends of Lesbians and Gays)

When:	3 <sup>rd</sup> Monday of each month
Where:	50 King Street (Middlesex London Health Unit)
Contact/Referral Information	Lori Ward 519-686-7691 PFLAG Canada – London ON Facebook page Drop-in
What	A monthly group that supports persons who are struggling with issues of their sexual orientation, gender identity, or gender expression. This group also supports, educates, and provides resources to parents, families, friends, and colleagues with questions or concerns.
Who is Eligible	Parents, families, friends and colleagues of people who identify as LGBTQ2+ London's PFLAG chapter also supports people who are struggling with their gender identity or their sexual orientation

### Pride Western

When:	Ongoing events throughout the academic year (i.e. discussion groups, social events)
Where:	Various locations at Western University
Contact/Referral Information	PrideWestern Facebook page <a href="mailto:pridewestern@westernusc.ca">pridewestern@westernusc.ca</a>

What	A University Students' Council Service dedicated to the gender and sexually diverse community on campus at Western University. PrideWestern organizes speakers, support, and events such as coffee houses, discussion groups, Rainbow Revolution, Pride Ball, and movie nights.
Who is Eligible	Western University students who identify as LGBTQ2+

**Spectrum Fanshawe**

When:	Ongoing events throughout the academic year (discussion groups, social events)
Where:	Fanshawe College
Contact/Referral Information	Spectrum Fanshawe Facebook page <a href="mailto:spectrumfanshawe@gmail.com">spectrumfanshawe@gmail.com</a>
What	Spectrum Fanshawe is a social and advocacy group for LGBTQ2+ individuals at Fanshawe College. Our aim is to create a safe and positive space within the college for LGBTQ2+ students to meet and socialize with their peers, as well as to impact the college in a positive way. We provide a resource list and referral system for student use.
Who is Eligible	Meetings are open to current Fanshawe College students and alumni, members within the community, as well as allies.

**YOU Belong – through Youth Opportunities Unlimited**

When:	Every Wednesday 630pm to 830pm
Where:	332 Richmond Street, Youth Action Centre , Community Meeting Room 4 <sup>th</sup> Floor
Contact/Referral Information	<a href="mailto:info@you.ca">info@you.ca</a> 226-777-0116
What	The goal of YOU Belong is to provide a safe space for queer youth and their allies to support one another, develop life skills, and form a peer community. Events are open to anyone between the ages of 16 and 24 who agrees to the group guidelines.
Who is Eligible	Events are open to anyone between the ages of 16 and 24 who agrees to the group guidelines.

For a more extensive list, please visit the Queer Events page [www.queerevents.ca](http://www.queerevents.ca) and search London Ontario