



London
InterCommunity
Health Centre

OPTIONS CLINIC

Rapid HIV Post Test Package Resources

HIV, HEP C and STI useful information & Sex Harm Reduction:

- [HIV BASICS](#)
- [Seven Ways to Prevent HIV](#)
- [The Sex You Want](#)
- [Condoms](#)
- [Sexually Transmitted Infections \(STIs\)](#)
- [Your Party and Play Field Guide](#)
- [Safer Sex](#)
- [Undetectable = Untransmittable](#)
- [Hepatitis C](#)
- [AIDS Committee of Toronto - Health Information \(click on the drop-down menu titled *Health Information*\)](#)

Information on PrEP, PIP, PEP and Doxy PEP:

- [Pre-Exposure Prophylaxis \(PrEP\) - What is it?](#)
- [Post Exposure Prophylaxis \(PEP\) - What is it?](#)
- [PEP-in-your-Pocket \(PIP\) - What is it?](#)
- [Doxy PEP - What is it?](#)
- [PrEP to Prevent HIV](#)
- [8 Questions About PrEP for Guys](#)

Where to get STI/HIV Medications:

- [The PrEP Clinic](#)
- [Freddie](#)
- [PrEP Clinics Near Me \(Find a Clinic Resource\)](#)

Sexual Health Clinics:

- [Find an STI Clinic Near You](#)
 - [Middlesex London Health Unit - STI Clinic](#)
 - [Options Clinic - Free and Anonymous HIV Testing](#)
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If you have had a **reactive** (positive result), below are important resources for you:

- [HIV/AIDS Legal Clinic Ontario \(HALCO\)](#)
- [Regional HIV/AIDS Connect \(RHAC\)](#)
- [Ontario Aboriginal HIV/AIDS Strategy \(OAHAS\)](#)
- [Infectious Disease Care Program \(IDCP\)](#)
- [The Power of Undetectable](#)
- [What Works: What you need to Know if you have HIV and Inject Drugs](#)
- [Your Sexual Health: A Guide for People Living with HIV](#)
- [HIV and Emotional Wellness](#)
- [Your Guide to HIV Treatment](#)

We are here for you, contact the Options Clinic with questions - 519-709-5903